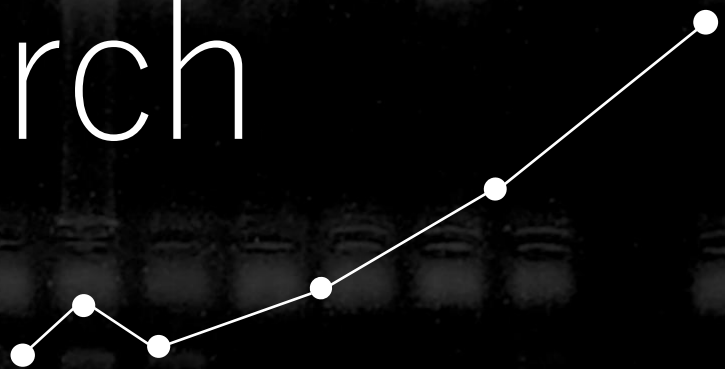


Undergraduate Research Club



O C T O B E R 2 0 1 9

Stressed Out? You got this!

Congratulations on working so hard this semester! I know that regardless of your year, you're might be stressed out whether you're still getting settled into your first year at UP, starting your second year (with organic chemistry or your first 300-level history class), or if you're an older student, you may be coping with the demands of ever-challenging courses and demanding professors. Furthermore, you have a life outside of school that can be just as, if not even more, complicated and of course, stressful. I just want you to know that you have resources all across campus to support your wellness from physical/ mental to social/intellectual. Be sure to ask for help when needed (I do all the time!). The undergraduate research club is here to support your research/internship goals. Hopefully knowing that you have all these resources and support relieves a bit of your stress! ☺ Thanks for reading this! Sincerely, Jeffrey.

Topics Covered in This Newsletter

Upcoming Events

Internship Planning & Recap of First Meeting

How to Start Applying

Student Spotlight – Maggie Loft

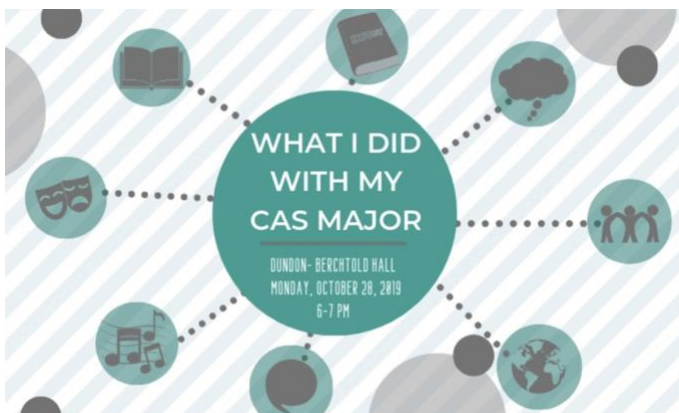
*Faculty Research Worksheet **Do This Assignment :)***

-A tool to help you break the ice and talk to a faculty member

Upcoming Events [Check Engage]



<https://up.campuslabs.com/engage/event/4436542>



Internship Planning

With winter near, summer internship deadlines are fast-approaching, and it is time to start planning! Below, you will find a **BRIEF** and **INCOMPLETE** list of summer internships and their respective deadlines. As well as a really general timeline of applications. Note, some internships will not follow this timeframe (NIH SIP for Biomedical Research and REU hosted by the US Army, **just to name a few**).

Deadlines

Major/Field	Program	Deadline
Biological sciences	Scripps Research Institute SURF Internship Program	February 15
	University of Oregon SPUR Program	January-February
	OHSU CDCB	December 16
	Providence Cancer Center Earle A. Chiles Research Institute	Usually March
	National Institutes of Health SIP	Check website for updates (Check often as applications are rolling!)
Clinical Research/ Health Sciences	OHSU Occupational Health Internship	February 15
	National Institutes of Health SIP	Check website for updates (Check often as applications are rolling!)
Chemistry	Western Washington University REU	April 1
	Clean Energy Institute REU at University of Washington	February 14
	University of Oregon SPUR Program	January-February
Environmental Science	Oregon State University Marine Science REU	February 10
Mathematics	University of Washington Bothell Mathematics REU	Late February

FALL SEMESTER

OCTOBER	NOVEMBER	DECEMBER	JANUARY
<p>Discuss research with faculty, friends, or the UR club</p> <p>Think about where you want to apply</p> <p>Determine what kinds of problems, topics, or fields of research you are interested in</p> <p>Some apps open soon!</p> <p>*Try to apply early if possible</p>	<p>Find opportunities (look on the SOC, NSF, etc.)</p> <p>Make a spreadsheet of deadlines and document requirements</p> <p>Prepare documents (resume/CV, cover letters, etc.)</p> <p>Ask for letters</p> <p>Request transcripts</p>	<p>Edit documents (get it proofread by parents, peers, professors, etc.)</p> <p>Meet with your letter-writers frequently (especially if you're a first or second-year student) so they can get to know you better 😊</p> <p>Begin applications! (keep deadlines in mind)</p>	<p>Edit application materials (please peer review)</p> <p>Check all deadlines</p> <p>Some may be due around now!</p> <p>Apply for more than one research opportunity</p>

SPRING SEMESTER

FEBRUARY	MARCH	APRIL	MAY	JUNE
<p>Keep track of deadlines</p>	<p>Most applications are due by now</p> <p>Prepare or perform interviews</p>	<p>Patience wait for your letter</p> <p>Focus your mind on something else for the time being 😊</p>	<p>Receive most decisions (now it's time for you to make YOUR decision!)</p> <p>Plan your summer!</p>	<p>Either begin your experience or gain other non-internship experiences</p>

THIS IS ONLY A GENERAL GUIDE. SPECIFIC PROGRAMS MAY HAVE DIFFERENT DEADLINES

How to Start Applying

First, start looking for different research and internship opportunities that fit your personal and career goals. Make sure to find a variety of positions (but not too many) to apply to in order to give yourself the best chance of being accepted while also making quality applications. Think of this as applying for college - give yourself options! If you don't know where to look, I would start with the SOC (<https://studentopportunitycenter.com/>), NSF, or by reaching out to professors in your field. Fortunately for first-year students, some professors on campus are looking specifically for younger students who they can train and work with for the next 3 years; **DON'T BE AFRAID TO ASK!**

After making a list of potential opportunities, make sure your resumes and CVs are up to date. What's the difference between a resume and a CV? A good place to answer this question is the career center. They can help you create an awesome resume that is sure to impress.

Additionally, many positions will require a cover letter or personal statement to get a better idea of who you are as a potential employee. Take this opportunity to show future employers that in addition to being accomplished in school and extracurricular activities, you are personable and can work well with others. If you find that your resume or transcripts are lacking, let your personal statement illustrate your other strengths! Again, see the career center for tips.

If you are applying for positions with faculty on-campus, it is often helpful to include a paper copy of your CV, a personal statement and an unofficial transcript so they can become more familiar with you as a student. This is particularly helpful if you are a new student and have not had the opportunity to interact with this professor in a classroom setting. We know that this can be awkward. But we have a solution! See the end of this newsletter for a non-awkward way to approach a faculty member about research (Research Worksheet)! Now you can have a "excuse" to see a professor and strike up a conversation. You can say that the undergraduate research club is having its members fill out this form. If you're confident enough to talk to faculty without the sheet, go you! As for the rest of us, I hope this exercise serves you well (see the last page).

As you complete these tasks, be sure to keep up with the specific deadlines of your applications. If you run into issues or need assistance, do not hesitate to reach out to the career center or members of the UR board! Happy searching!

UP CAREER CENTER

Resume Workshops

Prepare for the SHPE STEM Career Expo!

Tuesday, Oct. 22nd 4:15 - 5:00 pm
Wednesday, Oct. 23rd 4:15 - 5:00 pm

Student Spotlight: Maggie Loft

Public Research Fellows Program

Investigator: Dr. Christin Hancock



This year I am a part of the Public Research Fellows program through the Humanities Collaborative at the College of Arts and Sciences. This program is a pilot initiative aimed at fostering innovative public humanities research projects and faculty-student collaborative inquiry. Every year there will be an annual theme that the program is focused around. This year is the first year of the program and our inaugural theme is the Centennial of US Women's Suffrage which is right around the corner on August 18th, 2020. There are 11 student fellows paired with professors to collaborate on various research projects related to suffrage and voting rights and all fellows attend a weekly class focusing on suffrage literature and discourse around the public humanities, taught by Dr. Jen McDaniel. As we approach the

centennial celebration of suffrage, it is important to also recognize that suffragists fought for a variety of reforms and that the decades-long movement took place in a hostile political environment and struggled with race, class, and generational divisions. Our goal is to use our research to engage the public on how to commemorate both the good and bad that occurred within this historic movement and to examine its continuing legacy on our democracy.

For my research, I want to draw attention to the fact that 2020 only marks the centennial of *white* women's suffrage and highlight the various struggles for voting rights that were fought, and continue to be fought, by women of color. In doing so, Dr. Christin Hancock and I will be researching issues around race, citizenship, and immigration within the suffrage movement and following the complicated journey of voting rights and discourse around citizenship throughout history. The ultimate goal of this program is to then use our research findings to engage the public in discussion around this topic, I plan to do so by presenting my research findings to seniors at Roosevelt High School as well as starting a voter registration campaign aimed at high school seniors to encourage them to vote in the upcoming presidential election, given that they will all be eligible to vote in 2020. This year is sure to be a learning process as we have never had a program like this before, but we hope to be the first step in ongoing publicly engaged research and humanities projects here at UP.

Undergraduate Research Club Worksheet



Name: _____ Future Goals: _____

Year: _____

Major: _____

Assignment: Briefly meet up with a professor who does research that interests you and get to know them! Also allow them a chance to get to know you. Prepare an introduction of yourself for them just in case they ask you about why you are interested in their lab/group. Before the meeting, jot down some background info on their project. Perhaps this person can become a research mentor, a letter of rec writer, or a future research boss!

Professor 1 background Info (Name/research projects):

Notes:

Professor 1 Initial: _____

Professor 2 background Info (Name/research projects):

Notes:

Professor 2 Initial: _____