

# SCHOOL OF NURSING & HEALTH INNOVATIONS



## MAJOR IN NURSING

The UP School of Nursing & Health Innovations is proud to offer an **innovative and student-centered concept-based BSN curriculum**. The program of study focuses on building knowledge and skills in:

- Population Health
- Leadership
- Holistic Generalist Nursing
- Care Health Care Innovations
- Evidence-Based Practice
- Social Justice

Students are prepared as **professional nurses** who lead clinical practice from a place of integrity and with a commitment to social justice for the most vulnerable populations in all settings across the continuum of health care delivery. UP nurses understand the importance of attaining optimal **health and wellness for everyone**, despite social, economic, or health-related factors, and they strive for resilience in the face of whatever health challenges their patients, families, or communities may encounter.

## FIRST YEAR FALL COURSE ADVISEMENT

### Major in PHW

- **PHW 101** *Integrative Health and Wellness*
- **BIO 205** *Foundations of Biology*  
OR
- **BIO 207/277** *Introduction to Molecular & Cellular Biology*

### Major in Nursing

- **BIO 205** *Foundations of Biology*  
OR
- **BIO 207/277** *Introduction to Molecular and Cellular Biology*
- **MTH 161** *Elementary statistics*

*\*The sciences and Core requirements would be required for students interested in transferring*



## WHEN SHOULD YOU DECLARE?

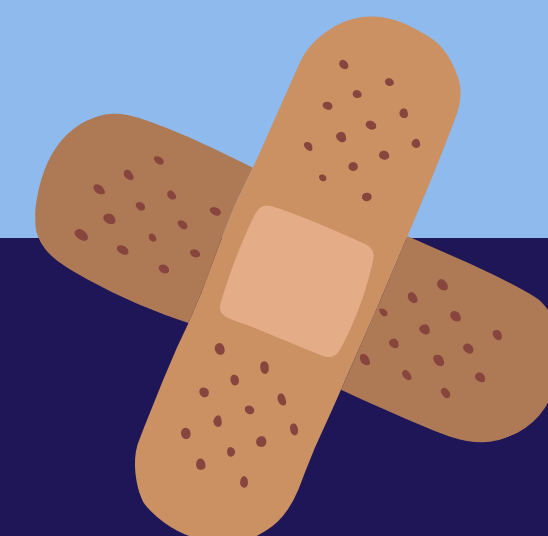
**Nursing:** University of Portland non-nursing majors who wish to transfer into the nursing program **must apply as transfer students and be considered for admission with external applicants**. The nursing program is a 4-year sequential program

**PHW:** Students need to declare PHW by **spring semester of their sophomore year** to stay on a 4-year timeline

## Major in Public Health & Wellness

The UP Bachelor of Science in Public Health and Wellness (BS-PHW) program is dedicated to **empowering students to acquire an evidence-informed relationship with their own physical, psychosocial, and spiritual health**. Students also gain the skills required to engage with individuals, organizations, communities, and populations to promote sustainable well-being.

The BS-PHW program prepares students for a professional future in integrative medicine, population health, or health coaching. **BS-PHW graduates are prepared to pursue a future in a variety of healthcare professions.**



Have questions? Contact  
**nursing@up.edu** or  
**publichealth@up.edu**