

Pre-Occupational Therapy Student

Course Reference

Required Pre-Occupational Therapy Course Work

All prerequisite courses must be taken for a grade (not Pass/No Pass). The courses required for admission to most OT schools are listed below with a focus on the program at Pacific University. **Consult the web sites or catalogs of the schools to which you plan to apply to determine each school's specific requirements.**

Biology

Course Description		Hours	Semester
BIO 207/277	Introduction to Molecular and Cellular Biology	4 (w/lab)	
BIO 208/278	Introduction to Evolution and Ecology	4 (w/ lab)	
BIO 305/365	Anatomy & Physiology I	4 (w/ lab)	
BIO 306/366	Anatomy & Physiology II	4 (w/ lab)	

Additional Recommended Courses:			
Course Description		Hours	Semester
BIO 330	Genetics	3	
BIO 342	Neurobiology	3	

Physics

Course Description		Hours	Semester
PHY 201/271	General Physics and Lab (Fall Semester)	4 (w/ lab)	
PHY 202/272	General Physics and Lab (Spring Semester)	4 (w/ lab)	
OR			
PHY 204/274	General Physics and Lab	4 (w/ labs)	
PHY 205/275	General Physics and Lab	4 (w/ labs)	

Note: Pacific University highly recommends a physics course but it is not required

Mathematics

Course Description		Hours	Semester
MTH 161	Elementary Statistics*	3	

Social Sciences

Course Description		Hours	Semester
PSY 101	General Psychology	3	
PSY 380	Abnormal Psychology	3	
PSY 360	Life Span Development	3	
Social Science	Outside of PSY	3	

English

Course Description		Hours	Semester
ENG 112	Introduction to Literature	3	
ENG 107 or ENG 311	College Writing or Advanced Writing	3	

**Note: Pacific University OTD program requires 6 semester credits in English. We recommend our students consider taking Advanced Writing (ENG 311) as one of their English courses.*

Humanities

Many schools including Pacific University OTD program require students to take 6 semester hours in the humanities. These must include two courses from the following areas: literature, religion, history, philosophy, ethics, and the history or appreciation of art, music, or theater. UP's core requirements will cover the humanities requirement for Pacific University's program. Consult other schools for their specific humanities requirements.

Medical Terminology:

Pacific University's OTD program requires one course in Medical Terminology. This course may be taken for credit or no credit.

Observation Experience:

Pacific University's OTD program requires 20 hours minimum of paid or volunteer experience in the OT field. Consult other schools for their specific observation experience requirements.

Additional Information

Profiles of individual OT schools can be found online. The AOTA website has information on OT programs in the US.

In selecting schools to which to apply, pay particular attention to particular degree options as they vary with the OT degree (OTD, MOT, MS). Also, look at non-resident acceptance rates, total number of applicants, average GPA/GRE of admitted applicants, additional pre-OT requirements, special programs or curricula, tuition cost, and location.

Pre-Health Professions Advising Office
Email: healthprofessions@up.edu

