

UNIVERSITY OF PORTLAND

PRE-HEALTH *News*



New Advisor and Associate Dean, Dr. Lafrenz



Andrew Lafrenz, PhD, MPH, is the new Associate Dean for Pre-Health Professions, the Director of the Public Health and Wellness Program and an Associate Professor. Andrew is a 2002 graduate of the University of Portland with a degree in Biology. Upon completion of a Masters in Integrative Physiology at the University of Georgia, he became a full-time lecturer in the Biology Department at UP for eleven years. Andrew was also an All-Academic student-athlete in track and cross-country for both the University of Portland and the University of Georgia. After attending Oregon State University and earning an MPH in epidemiology and PhD in public health with a focus in behavioral epidemiology he completed a postdoc fellowship in epidemiology with the CDC. During that fellowship, he worked with the Wyoming Department of Health analyzing maternal and child health data related to obesity, physical activity, and nutrition.

This will be his 22nd year as a full-time faculty member in higher education, teaching courses ranging from Anatomy and Physiology to Epidemiology and Community Health Promotion. His scholarship focuses on community-based research in the areas of maternal and child health as well as more recently, the role of green spaces on the health of communities. Andrew holds national certifications as a Master Certified Health Education Specialist, a National Board of Health and Wellness Certified Coach and an Association of Nature and Forest Therapy Certified Guide. For the past 5 years, he has served as the County Epidemiologist for the Columbia County Public Health Department. Andrew also retired this summer as an elected official serving as a Scappoose City Councilor.

[Schedule a Pre-Health Advising Appointment](#)

PRE-HEALTH ADVISING

Are you a student interested in graduate programs in health and medicine?

**PRE-HEALTH
CAREERS**

- Medical and Dental
- PT/OT
- Pharmacy
- Veterinary
- Public Health
- And More!

**SIGN-UP
FOR A
Meeting!**



SIGN-UP BELOW

Associate Dean – Dr. Andrew Lafrenz

Buckley Center 213



[Pre-Health Survey and Listserv Sign-Up](#)



UNIVERSITY OF PORTLAND

PRE-HEALTH PROFESSIONS

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STUDENT? MAKE SURE YOU ARE ON
OUR LIST SERVE.

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PROFESSIONS SURVEY AND SIGN-UP
FOR OUR EMAILS



OPPORTUNITIES



Kaiser Permanente Pre-Medical Conference

Save the date!

Kaiser Permanente Pre-Medical Conference, November 1, 2025

This conference is specially designed for junior college and university students who are aspiring medical professionals. Attendees will gain valuable insights into the medical field through interactive sessions and networking opportunities.

Meet and engage with: Kaiser Permanente physicians and dentists, resident physicians and medical students, and deans and leaders from local medical and osteopathic schools.

Whether a student is just starting their medical journey or are well on their way, this event will provide resources, guidance, and real-world perspectives to support their path to a medical career.

Formal registration will be available later in September.



SAVE THE DATE

November 1, 2025

Full-Day Conference

Open to Undergraduate Students

Free Registration and Lunch Provided

Registration Opens Fall 2025



St. George's U - Scholarship Application



St. George's University is offering a new scholarship for the January 2026 start term could help you fast track your med school journey. Benefits of a January start include

smaller entering class sizes and personalized support, extra time for exam preparation and residency readiness, and flexible clinical and elective opportunities.

This scholarship application is available to applicants who submit a complete 4-Year MD application on or before December 31, 2025 (other scholarships may also apply).

New SGU Scholarship

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