



UNIVERSITY OF PORTLAND

# PRE-HEALTH *News*



*hello,*  
FALL

## Welcome to the Pre-Health Newsletter!

We're excited to have new and returning pre-health students in our community of future healthcare leaders! In our newsletters, we'll share valuable insights, tips, and opportunities to help you successfully navigate your pre-health journey.

Our mission is to support you as you pursue a rewarding career in healthcare, and this newsletter is one of the many ways we aim to do that. If you have any questions, ideas, or feedback, please feel free to reach out. Let's embark on this journey together and make great strides toward your bright future in healthcare!

Email [healthprofessions@up.edu](mailto:healthprofessions@up.edu)

# REMINDERS

## MCAT

Medical College Admission Test

### 2025 MCAT Registration Opens in October for January-June Exam Dates

Registration for exam dates in the first half of the 2025 testing year (January and March-June) will open on **Wednesday, Oct. 2 at 11 a.m. ET**. Later this month, we will provide more information about registration, including the 2025 calendar of test dates and score releases. Students can sign up to receive email updates about the testing year and MCAT preparation.

[Email MCAT Sign Up](#)

[MCAT Registration 101](#)

[Tips for Registration Opening Day 2025](#)

### Updates to the MCAT and PREview Accommodations Application System

As part of our commitment to providing examinees with a seamless application experience, the AAMC is combining the MCAT and PREview accommodations application process into one system. The updated and integrated system will allow examinees to apply for accommodations for one or both exams. Examinees will be able to log into the new MCAT/PREview accommodations application system beginning on **Thursday, Oct. 10**.

[More Info/Link](#)



## AAMC Fee Assistance Program Reminder: Benefits are Not Retroactive

It's important to ensure you apply to the AAMC Fee Assistance Program before registering for the MCAT exam or submitting your AMCAS application. If you are awarded fee assistance program benefits, you cannot apply the benefits to previous registrations or purchases. For example, if you register for the MCAT exam or purchase an MCAT prep product before receiving fee assistance, you will not be reimbursed for the discounted rate. Similarly, you cannot use awarded medical school designations if your AMCAS application was submitted before your Fee Assistance Program application was approved.

[Learn More About the AAMC Fee Assistance Program](#)

## Register for the AAMC Virtual Medical School Fair

Join us on **Oct. 16-17** to connect with admissions officers, prehealth advisors, and AAMC experts to receive information and resources on applying to medical school. On Oct. 16, we'll host live information and Q&A sessions, and on Oct. 17, the exhibit hall will open to connect medical schools, student groups, and associations with aspiring applicants. [Visit the event website](#) to access the full agenda. Registration is free, and all registered users will receive a discount code for 15% off a Medical School Admission Requirements™ (MSAR®) subscription.

[Event Website](#)

A decorative banner with a repeating pattern of autumn-themed elements like leaves, apples, and pumpkins. In the center is a large, rounded orange rectangle with the word "OPPORTUNITIES" in bold, black, uppercase letters.

**OPPORTUNITIES**

***May 15, 2025 - June 21, 2025***



# SALZBURG, AUSTRIA SUMMER I

**Have you thought about studying abroad as a HP student?**

This can be difficult with a busy schedule but summer is a great option. This summer in particular there are several classes offered in the Salzburg Summer Session 1 that fit well with the health professions (see flier).

If you have any questions feel free to email Dr. Flann directly as he'll be there teaching his AP2 class (Salzburg style).

***Application deadline: November 4, 2024 11:59pm***

[Email Dr. Flann](#)



**PROGRAM FEE** Program fee is not yet confirmed. UP scholarships/grants do not apply, but federal grants, loans and study abroad scholarships can be available. Includes housing, tuition, and excursions. Does not include airfare, personal expenses, or most meals.

**HOUSING** Live in UP Center residence hall.

**COURSEWORK** Take courses taught by UP faculty in residence.

**SESSION I (MAY-JUNE):** “Symphony of Knowledge: Integrating Medicine, Science and the Arts”

**FA 391** Fine Arts in Salzburg (Don Norton)

**BIO 306** Human Anatomy and Physiology Thru the Lens of Art and Music (Kyle Flann)

**SOC 491X** The Social Construction of Health & Illness (Martin Monto)

**EXCURSIONS** Academic excursions are included in the program - exact locations are not confirmed yet but could include places like Vienna, for example.

## Here is a quote from a few of the students who have gone to Salzburg in the past...

“Taking A&P in Salzburg was a once in a lifetime opportunity. Dr. Flann incorporated the concepts we were learning into the environment we were in. We learned about hematocrit and blood doping while watching the Tour de France. We learned about high altitude while ascending local mountains. Dr. Flann took us on a midnight dive in an alpine lake where we experienced the mammalian dive reflex firsthand. We even were able to think about what caused edema in our swollen feet after a long day of walking and sightseeing.” ~Ryan

“I loved taking physiology in the summer because I could actually focus on the material and realize the applicability. I wish all my classes could get this kind of individual focus and personal feel.” ~Kate

“Overall, my time in Salzburg was amazing. The anatomy museum in Innsbruck was one of my favorite educational experiences ever.” ~Emma

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If you have any questions in the meantime, please feel free to reach out.

[Email OHSU](#)

## **OHSU - Mentor Circles**

**Monday, October 7th 5-6pm**

OHSU medical students will be holding a virtual Mentor Circles during the Fall term for pre-med students (and all students considering a career in medicine!). Our mission is to provide peer-to-peer insight into the medical school application process to rural, non-traditional, and under-represented students in Oregon who are interested in pursuing a career in medicine through quarterly discussions. Students from all backgrounds are welcome. Please come ready to ask questions and for an open discussion!

Please register for the session by completing the Google form linked below. You will receive a reminder e-mail the day prior, and a Zoom link and password will be e-mailed the day of the event.

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## **PNWU Open House 2024**

**Saturday, October 19**



This free, full-day event is open to advisors, undergraduate students, and graduate students. Check-in will begin at 7:30 AM. A light breakfast and lunch will be provided.

Throughout the day, you can expect to:

- Take a tour of our beautiful campus in the Yakima Valley
- Learn about the health science programs offered at PNWU & other institutions
- Interact with faculty and current students
- And MORE!

***Last day to register is October 5, 2024***

**PNWU Open House Registration**

# Questions? Concerns? Want to schedule an Advising Appointment?

## Send us an email!

Got this as a forward? [Sign up](#) to receive our future emails.  
View this email [online](#).

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