

Your one-stop-shop for pre-health news and updates!



Spring 2019 - Issue #7

**GUESS WHAT?** **REDUCED TUITION** FOR SUMMER INTERNSHIP COURSES!

YES, YOU READ THAT CORRECTLY. ON ALL GAS 297, 397, 497 AND 597 COURSES!

1/3 the rate of regular tuition

Contact Elizabeth Jones for more information at [jonesel@up.edu](mailto:jonesel@up.edu).

## On Campus Highlights

Check them out below!

UNIVERSITY OF PORTLAND'S

# 2ND ANNUAL HEALTH PROFESSIONS FAIR

Medicine, Dentistry, Physical Therapy and More!

APRIL 24TH, 2019  
6PM-8PM  
BAUCCIO COMMONS

Bringing together representatives from over 40 professional health programs across the US to network and connect with pre-health students here on campus!

Questions? Contact Becca Henley or Kyle Flann  
[healthprofessions@up.edu](mailto:healthprofessions@up.edu)

### Calling all students taking an entrance exam this year ...

If you are taking any entrance exam or interviewing at a professional program in the next year please come and write your name on the calendar in Becca's Office (Buckley Center 216) once you register for the exam or have your interview date!

We want to cheer you on as you study and help you find other people who are working towards the same goals to connect with this year. We also want to celebrate with you when you're done - and we don't know when you're taking these tests or interviewing unless you let us know!

**DROP-IN HOURS @ BUCKLEY CENTER**

CAREER CENTER DROP-INS Tuesdays | 10am-12pm | BC 204

INTERNSHIP ADVISING WITH ELIZABETH JONES Thursdays | 10am-12pm | BC 216

Are you applying in the 2019 - 2020 cycle? Applications are opening soon for many programs!

Enrollees had an average of **54** courses listed on their AMCAS applications.

Enrollees have provided **12.8 million** community service hours.

**85.1%** have research/lab experience.

**80.9%** have experience with physician shadowing or clinical observation.

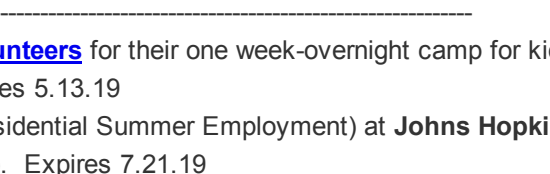


- Dental: [ADEA AADSAS](#) opens on May 14th 2019
- MD: [AMCAS](#) opens May 1st 2019 (to work on application) Submissions can start on May 30th 2019.
- DO: [AACOMAS](#) opens May 2nd 2019

Check websites for other programs!

### Off Campus Highlights

- OHSU School of Medicine Mentorship Opportunity closes 5.26.19 - [see here for more information here!](#)
- ScribeAmerica is [hiring scribes!](#)
- PSU's chapter of AMWA is hosting a panel of Women in Medicine to discuss their experiences on 5.9.19 at 6pm - UP students are invited to join! [RSVP Here!](#)
- [Camp Health Officer](#) at YMCA of Columbia-Willamette - closes 5.4.19
- [Kennel Customer Service and Animal Care](#) at The Charlton Kennels & Farm - closes 5.1.19



- Camp Promise-West is recruiting [summer volunteers](#) for their one week-overnight camp for kids, teens and adults with muscular dystrophy. Expires 5.13.19
- [Biological Sciences Teaching Assistants](#) (Residential Summer Employment) at Johns Hopkins Center for Talented Youth (Summer Programs). Expires 7.21.19
- [Chemistry Teaching Assistants](#) (Summer Employment) at Johns Hopkins Center for Talented Youth (Summer Programs). Expires 7.21.19
- [Summer Clinical Intern](#) South Asian Heart Center - El Camino Hospital (expires 6.3.19)

SCHOOL OF MEDICINE M.D. PROGRAM

## So you want to be a physician?

**yourMD** OHSU CURRICULUM TRANSFORMATION

Are you thinking of applying to the M.D. program at Oregon Health & Science University? Have you already graduated from college and no longer have access to a pre-med or pre-health advisor? The OHSU School of Medicine is here to help! Medical education at OHSU puts students at the forefront of health care knowledge. The M.D. program is highly competitive and prepares students to be leaders in a changing health care system.

Register soon at <http://bit.ly/June7InfoDay>

NOTE: Preference will be given to first-time registrants.

**Information Day**  
Friday, June 7, 1-5 p.m., Robertson Life Sciences Building, room 2S060

Registration preference will be given to the first 150 first-time registrants. Guided tours of the campus will also be provided for those who are interested (details upon registration).

Due to the popularity of this program and limited capacity:

- Preference will be given to first-time attendees.
- If you need to cancel a registration, please email Vanessa Valdez, [valdezv@ohsu.edu](mailto:valdezv@ohsu.edu), ASAP so a spot on the waiting list can be released. Vanessa can also take names for the waiting list if registration is full.
- Going forward, anyone who registers but does not attend without prior notice will not be allowed to register for subsequent open house events that calendar year.

Location: The RLSB is at 2730 S.W. Moody Avenue, Portland, OR 97201. For detailed directions, please go to [www.ohsu.edu/map](http://www.ohsu.edu/map) and search "RLSB."

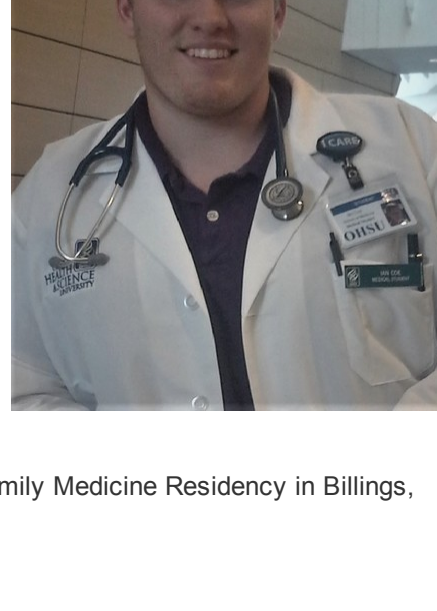
Attend to learn about:

- The admissions process, how to apply and what the Admissions Committee looks for in an application
- Our integrative, learner-centered curriculum, YOUR M.D.
- Scholarly projects completed by our graduating students
- How the OHSU Center for Diversity and Inclusion supports students once on campus
- Financial planning
- The real-world experience at OHSU, from a panel of current medical students
- Our state-of-the-art Robertson Life Sciences Building

RSVP:  
<http://bit.ly/June7InfoDay>

### Alumni Spotlight

Ian Coe received a biology degree while on the bluff and is currently a 4th year medical student up on the hill at OHSU. While at UP, Ian was involved on campus as an RA but also was involved off campus with activities including shadowing and clinical volunteering. These activities along with his desire to serve the community, manage patient's care at the highest level, and advocate for health equity confirmed Ian's decision to apply to med school. While at UP, Ian was also the recipient of a 1/2 price MCAT preparatory course award offered through the UP health advising office. Ian went on to take the MCAT the summer of his Junior year allowing him to apply and begin at OHSU the fall after graduating from UP. Ian will graduate from OHSU in early June and will begin a residency training at the Montana Family Medicine Residency in Billings, MT. [Read more here!](#)



### Today in the Know

Professional health programs will expect you to stay up to date with what is going on in the larger healthcare world.

Check out this week's "In the Know" article about medical professionals being chared in a [Federal Opioid Sting](#).

### Test Prep Question of the Day

Today's Question comes from the MCAT:

An alpha-helix is most likely to be held together by:

- A. disulfide bonds.
- B. hydrophobic effects.
- C. hydrogen bonds.
- D. ion attractions between side chains.

### Questions? Concerns? Need an Advising Appointment? Contact Us!

Becca Henley, Academic Program Counselor CAS, Pre-Health Advisor

Dr. Kyle Flann, Biology Faculty, Pre-Health Advisor

[healthprofessions@up.edu](mailto:healthprofessions@up.edu)

LOOKING FOR A RESEARCH OPPORTUNITY?

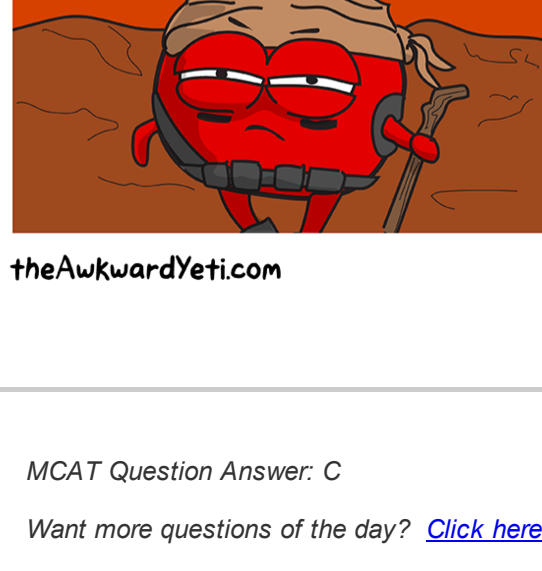
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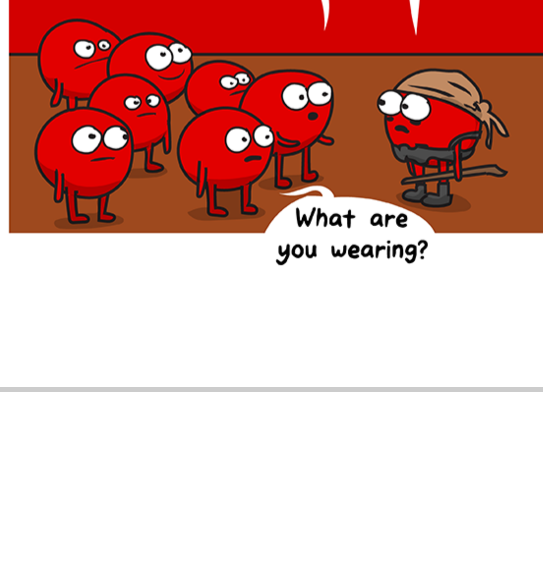
CLICK HERE Student Opportunity Center



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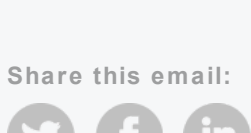
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MCAT Question Answer: C

Want more questions of the day? [Click here!](#)

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