

Pre-Occupational Therapy Student

Course Reference

Required Pre-Occupational Therapy Course Work

All prerequisite courses must be taken for a grade (not Pass/No Pass). The courses required for admission to most OT schools are listed below with a focus on the program at Pacific University. **Consult the web sites or catalogs of the schools to which you plan to apply to determine each school's specific requirements.**

Biology

Course Description		Hours	Semester
BIO 207/277	Introduction to Molecular and Cellular Biology	4 (w/lab)	
BIO 208/278	Introduction to Evolution and Ecology	4 (w/ lab)	
BIO 305/365	Human Anatomy & Physiology I	4 (w/ lab)	
BIO 306/366	Human Anatomy & Physiology II	4 (w/ lab)	

Additional Recommended Courses*:		Hours	Semester
Course Description		Hours	Semester
BIO 330	Genetics	3	
BIO 428	Neurobiology	3	

**Recommended courses are based on local program recommendations*

Physics

Course Description		Hours	Semester
PHY 201/271	College Physics and Lab (Fall Semester Only)	4 (w/ lab)	
PHY 202/272	College Physics and Lab (Spring Semester Only)	4 (w/ lab)	
OR			
PHY 204/274	General Physics and Lab	4 (w/ labs)	
PHY 205/275	General Physics and Lab	4 (w/ labs)	

Note: College PHY is recommended for MCAT prep unless General PHY is required for your major

Mathematics

Course Description		Hours	Semester
MTH 161	Elementary Statistics	3	

Social Sciences

Course Description		Hours	Semester
PSY 101	General Psychology	3	
PSY 381	Abnormal Psychology	3	
PSY 361	Life Span Development	3	

Note: Pacific University requires one social science in addition to the above PSY courses outside of PSY

English

Course Description		Hours	Semester
ENG 112	Thinking Through Literature	3	
ENG 107 or ENG 311	College Writing or Advanced Writing	3	

Note: Pacific University recommends one course in Kinesiology or biomechanics. UP does not currently offer such a course.

Humanities

Many schools including Pacific University OTD program require students to take 6 semester hours in the humanities. These must include two courses from the following areas: literature, religion, history, philosophy, ethics, and the history or appreciation of art, music, or theater. UP's core requirements will cover the humanities requirement for Pacific University's program. Consult other schools for their specific humanities requirements.

Medical Terminology

Pacific University's OTD program requires one course in Medical Terminology. This course may be taken for credit or no credit. UP does not offer this course currently, but our local community colleges do.

Observation Experience

Pacific University's OTD program requires evidence of observation and understanding of the role of occupation therapy services for clients across the age span and in multiple arenas of practice including rehabilitation, mental health and public schools.

Additional Information

Profiles of individual OT schools can be found online. The AOTA website has information on OT programs in the US.

In selecting schools to which to apply, pay particular attention to particular degree options as they vary with the OT degree (OTD, MOT, MS). Also, look at non-resident acceptance rates, total number of applicants, average GPA/GRE of admitted applicants, additional pre-OT requirements, special programs or curricula, tuition cost, and location.

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